

# **DEL ORO JR GOLDEN EAGLES FOOTBALL & CHEERLEADING PARENT HANDBOOK**

Revised 03/01/2024

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## **DOJGE MISSION STATEMENT**

- **Provide a positive football & cheerleading experience for the youth of our community**
- **Cultivate a wholesome & safe environment**
- **Teach responsibility, fidelity, integrity & respect for authority**
- **Promote sportsmanship**
- **Create teamwork**
- **Promote the community's tradition of Del Oro football and cheerleading excellence**

## **Welcome to The DOJGE Family**

Thank you for your interest in Del Oro Jr. Golden Eagles (DOJGE) Football and Cheer program. We are very excited and welcome all who are participating.

The Del Oro Jr. Golden Eagles Football and Cheer program (DOJGE) is a member of the Sierra Athletic Conference (SAC) and dedicated to serving youth aged 5 - 14 years old in our community. Our goal is to build a strong and safe environment for the youth in our community, while organizing and promoting an association which encourages today's youth to succeed in tackle football, cheerleading and flag football. A strong emphasis is placed on sportsmanship, respect, and education. We feel our program will be an enjoyable learning experience for your child/children. A large part of the success of our program depends on the efforts of our parents and volunteers. Without you, we cannot provide the experience we strive for. We want to thank you, in advance, for all your help. We are very excited for our upcoming season to begin and we hope it is rewarding for everyone involved.

**For further information please visit our website:**

**[www.jrgoldeneagles.com](http://www.jrgoldeneagles.com)**

## 1. Participant's Responsibilities –

- 1.1. The participants of the Del Oro Jr Golden Eagles (DOJGE) are expected to abide by a code of conduct which includes, but is not limited to the following:
- 1.2. **Respect** of all volunteers, coaches, team members, opponents, officials, and other representatives involved with the DOJGE program.
- 1.3. **Good sportsmanship** is mandatory. No displays of vulgar language, fighting or tantrums will be not be tolerated. Any such actions will result in disciplinary measures and may include suspension from the team.
- 1.4. **As** a member of the DOJGE program you represent yourself and your teammates on and off the field. Whether in victory or defeat you will conduct yourself with pride and poise.
- 1.5. **Participants** must maintain an acceptable grade point average (minimum "C" or 2.0") and completion of scheduled homework during the season. In an effort to monitor this requirement, the coaches may request the participant to take a grade check form to their teachers for completion.
- 1.6. **It** is the responsibility of the participants to take proper care of the equipment issued and bring it to the immediate attention of a coach if it becomes damaged.
- 1.7. **Participants** must notify their coach, in advance, if a practice or game is to be missed.
- 1.8. **Hydration** is very important! It is critical for our young athletes to remain well hydrated *before, during and after* practice! Please drink lots of water during the day and "no sugary drinks or soda drinks".

## **Parent responsibilities -**

- The level of support given to a participant by their parents and/or guardians will have a measured impact as to the success of each child. To better understand the parent's role and involvement in the program, we have developed the following guidelines and recommendations:

**S**pectators of practices, games, and/or cheer competitions must stay in designated areas reserved for spectators. Sideline areas, practice fields, and locker rooms are off limits. Parents wishing to remain during football practice CANNOT be on any grass area and must remain on the blacktop. Please see the map below for reference. All Cheer practice is CLOSED. For the safety of the cheerleaders, parents are not allowed to stay and watch practice. *Field map listed below.*

**P**arents are encouraged to cheer for their teams from the stands but should never yell obscenities or conduct themselves in a manner offensive in nature. Because of such actions a team can be penalized for unsportsmanlike conduct and the fan may be removed from the grounds.

**P**arents should always maintain a supportive and respectful attitude towards participants, officials, coaches, and board members. Remember children learn from our actions. A parent treating others respectfully sends a positive message to our children.

**I**t is the parent's responsibility to provide transportation to and from practice, games and other association functions. Our volunteers would greatly appreciate you being punctual in dropping off and picking up your children from these events.

**I**f a child's grades fall below a "C" average or homework starts to become a problem, it is the parent's responsibility to contact the head coach though the team parent to determine what course of action could be taken. Head coaches may request copies of report cards during the season.



## 12 Volunteer Hours

Each family will be required to volunteer 12 hours or buyout for \$300.00.

Families will sign up for their hours at the beginning of the season.

Volunteer hour audit will be completed by the end of the regular season.

Any family that has failed to complete their volunteer time will result in the player/cheerleader being benched for playoffs. Families can buyout for \$300.00 at any time during the season.

**DOJGE Parent/Guardian**  
**Code of Conduct**

1. I/We agree that my/our character and conduct are a reflection of the DOJGE; and understand that I am/we are expected to promote myself/ourselves and the league in a positive manner.
2. I/We agree to complete the appropriate paperwork required for registration no later than the equipment handout date of the current season. Failure to do so will result in my/our child being sideline until all paperwork and/or holding checks have been submitted.
3. I/We agree to always be courteous and direct when dealing with members of the organization, league officials, referees and opposition teams/squads.
4. I/We agree to respect the decisions of the DOJGE Board./We agree to demonstrate positive support for all members, football players/cheerleaders, coaches, spectators and referees.
5. I/We agree to encourage and guide my/our player/cheerleader to accept responsibility for their own actions, and never condone unacceptable behavior.
6. I/We agree to read and abide by the DOJGE Bylaws, DOJGE Parent Handbook, and the SAC rulebook for each current season.
7. I/We agree and understand that if I/we fail to abide by the above-mentioned Bylaws, handbook and rule book, I/we will be subject to disciplinary action that could include, but is not limited to the following: immediate removal from the practice/playing field, suspension from practice(s) and/or game(s), season suspension, and/or complete membership removal without an invitation to return.
8. I/We understand that written documentation of any incident(s)

will be kept on file with the DOJGE Board.

9. I/We understand and accept that as a Parent(s), I/we am/are a non-voting member of DOJGE and that if I/we fail to comply with this Code of Conduct, I/we may not be allowed to participate with DOJGE at events and/or functions.



## **PRACTICES and GAME DAY**

### **Board Members, Coaches & Adult Assistance Coaches**

All volunteer members that work directly with any minor (player) in the DOJGE organization must first clear a Live Scan through the DOJ, FBI or both. The form can be requested by emailing [VP@jrgoldeneagles.com](mailto:VP@jrgoldeneagles.com). Volunteers can submit their receipt and the Treasurer will issue a reimbursement.. All coaches at any level will be required to complete standard safety training. These links can be found under the “Coach” page of their division on our website. This is the responsibility of confirmed coaches to complete. This certification will be added to their personal DOJGE volunteer file. **Practice**

The Sierra Athletic Commission (SAC) League has made it mandatory for the organization’s to monitor the practice and game day air quality index (AQI). We will be using the AQI from the Loomis (95650) weather tower. When the AQI is above 120 we will reduce practice (no helmets or pads or heavy exertion); when the AQI goes above 151, practice will be canceled, or moved to an indoor facility if possible. We may also delay with no activity until conditions improve (up to 1 hr). The AQI doesn’t always update on the hour, and this can cause the organization to stop practice with short notice.

The DOJGE utilizes a **Text Alert** service in order to keep parents informed of last minute changes, updates and important information. **Please see our website to subscribe to this service.**

4-Day Practice Schedule (Summer Schedule) *	3-Day Practice Schedule (School Schedule) *
<b>MON</b> –Franklin Elementary School 6:00-8:00	<b>MON</b> -There will be no more practice times
<b>TUES</b> –Franklin Elementary School 6:00-8:00	<b>TUES</b> –Franklin Elementary School 6:00-8:00
<b>WED</b> –Franklin Elementary School 6:00-8:00	<b>WED</b> –Franklin Elementary School 6:00-8:00
<b>THUR</b> –Franklin Elementary School 6:00-8:00	<b>THUR</b> –Franklin Elementary School 6:00-8:00

**\*Cheer practice schedule specified below**

### **Football Practice**

The practice field is reserved for all division coaches, participants and instructors only. **Parents, friends, and siblings must remain off the practice field at all times.** You may sit on the blacktop or designated area located by the field but not on the field. Family members must stay on the playground side of the track. We ask that you please do not come to the other side of the track where the kids sit. This is the coach’s area and we ask that you please respect their break area. Practice time is limited, so it is important that coaches can make the best use of their allotted time. If you must speak to a coach, please go through your Team Parent. **Any and all interruptions and/or disruptions by parents and/or spectators during practice will be viewed as a violation of the rules.** Individuals will be given one warning and if the behavior continues will be asked to leave practice and the incident will be documented and reported to the President of the DOJGE. If the behavior continues and the parent/spectator is issued a



second warning, the individual will no longer be able to remain for practices and will have to wait for their child in the parking lot. Siblings and children that are not players or cheerleaders are not to be left at the field unattended. The DOJGE assumes no responsibility for their safety nor will we supervisor children.

## **Cheer Practice**

Cheer practice is a **closed** practice. **This means no family, friends, or siblings are to be at practice.** Cheerleaders need to be able to concentrate on their instructors. This is for the safety of the cheerleaders. The cheerleaders are never left alone. There are always instructors or Board Members with them at all times.

There will be (4) practices a week for Jr. Cheer (M-T-W-Th) starting in July, 2 days a week for Tiny Mite Cheerleaders (W&Th). Once school begins for the Loomis Unified School District, practices will be reduced to 3 nights a week (T-W-Th), 2 days per week for Tiny Mites (W&Th). Practice is **MANDATORY** and important for all cheerleaders. If a child misses practice, their knowledge of the routine and the squad's stunt ability is impacted. It is important for each cheerleader to understand that they are a part of a team and an absence affects the entire practice for the whole squad. **\*\*Cheerleaders must attend EVERY practice beginning the month of October in order to prepare for competition. Missing practice during this time will result in removal from the routine. Parents must notify the Head Coach or VP of Cheer if their child will be missing a competition, game or practice. All communications during practice will be seen as breaking members handbook rules. If this continues to be an issue, a member can be removed from all practices, games or events. If you must speak to the Head Coach or VP of Cheer, please contact them through email.**

## **Football Tryouts**

Cuts may become necessary if a team/squad exceeds 35 players. Criteria for potential cuts from a team include safety, sphere of influence, attendance, attitude/effort, physical and mental ability, and parental conduct. *Jr Pee Wee players may be cut due to age.* Should a player be cut from a team for any of the reasons noted above, a full refund will be

issued.

## **Cheer Team Tryouts**

In addition to the above information as it pertains to football, cheer will hold the same standard. Additionally, those in 8th grade are not automatically guaranteed a spot on the Midget team. Tryouts will be held prior to the close of registration (and afterward if necessary). Should we find ourselves in a situation where we have to make cuts, returners are not guaranteed a spot.

## **2.0 Grade Average**

It is the Head Coaches discretion to request updates on players/cheerleaders grade point averages ongoing during the season. A player/cheerleader can be benched at practices or a game if their GPA is not in good standing.

## **Team Parents**

Coaches will be involved in the selection of their team's parents. The team parent is the one who will be your first point of contact and will help to facilitate any issues/concerns/problems between coaches, players, or parents. If the team parent needs assistance they are to contact the President. Team parents are also responsible for sending out weekly communications to assist the Coach in keeping things on track and that parents are informed. The League will also send communication out during the season. Mostly team parents will send you information. If you are not getting emails, please check with your team parent to make sure they have the correct contact information. Text Alerts can be a helpful tool.

Team Parents receive 12 hours of volunteer time.

## **SAC & DOJGE Game Times:**

- Tiny Mite - 8:30am-10:00am (designated game dates posted on Tiny Mite page on our website)

- Jr. Pee Wee 10:00 am -12:00 pm
- Pee Wee 12:00 pm - 2:00 pm
- Jr. Midget 2:00 pm- 4:00 pm
- Midget 4:00 pm- 6:00 pm

## **Game Day**

Football - the day we all have been working for - punctuality is very important! Weigh-ins for football and certification are conducted one (1) hour before game time. The team must certify and/or weigh-in together, hence all participants need to arrive no later than one and a half (1-1/2) hours prior to their scheduled game time. Tiny Mites are not required to weigh in and must arrive 30 min prior to game start time. Football players that arrive after their team has weighed will not be allowed to play. If the opposing team agrees, the player may be allowed to weigh-in at half time and participate in the second half of the game. DOJGE will follow the SAC weigh-in guidelines. Football players are required to show up to the game to weigh-in with the opposite jersey for the game day & game day uniform pants on. Please have your game day jersey on the pads and ready to go. This will ensure football player have all required uniforms for game day

Cheerleaders - All cheerleaders need to arrive 1 hour prior to their game time for pre-game warm-up. This means on the sideline with your coach! Tiny Mites Cheer need to arrive 30 minutes before game time. Please notify your coach if you are having difficulties arriving at games on time. Coaches/instructors are not responsible for the cheerleaders until that time! All cheerleaders need to arrive at their game wearing their shell, appropriate sports bra, skirt, briefs, white socks, shoes and game day bow. All cheerleaders must carry their cheer bag with the following items: warm-up suit, liner (if not wearing it), pom poms (if applicable) and water!! This will ensure all cheerleaders have all required uniforms for game day.

## Jamboree & Kick-off Rally

Jamboree is held prior to the first game of the Season. Jamboree is MANDATORY for ALL Players and Cheerleaders. Football players will be weighed in and certified to be cleared to play for the upcoming season. Cheerleaders will be certified by another League representative to be cleared to Cheer for the Season. All required paperwork must be turned in prior to Jamboree. Required paperwork is a copy of Birth Certificate, Report Card and Medical Clearance. If a player or cheerleader is not Certified at Jamboree, they will not be able to participate in games until they are cleared. Tiny Mites do not attend Jamboree and are not required to be Certified.

The Del Oro Golden Eagle Kick-off Rally will be held during Del Oro High Schools Rock the Stadium event. This is a community sponsored event recognizing participants in the Del Oro football and cheer programs from the Tiny Mite level to high school varsity level. It is a family friendly event with vendors, music, food and drinks. It is a great way to start off our football and cheer season. All football and cheer participants will be recognized individually for being a part of the Del Oro community. Players will have free entry but all others will be required to buy a ticket. This is a fundraising event for the high school.

## Demerit Rule

Players that have missed practice or arrive late to practice can be benched for the following game at the Head Coaches discretion. It is important that parents communicate with the Head Coach/Team Parent if the player/cheerleader is going to miss practice or games.

### ***Cheer participant attendance specifics:***

Cheer attendance will begin being tracked at the beginning of mandatory summer practices. Sit outs will not occur until Week 0.

1st missed practice*	Sit 1st quarter of next game
2nd missed practice*	Sit 1st half (including halftime) of next

	game
3rd missed practice*	Sit ENTIRETY of next game
4th missed practice*	Removal from halftime/competition routine, Cheerleader & Parent will need to sign an Expectation Contract
5th missed practice*	Removal from team
Missed game	Sit <b>through</b> halftime of next game
*Prior to October. Cheerleaders will be allowed 1 absence beginning October. A second absence will result in removal from the competition routine and the inability to continue on to nationals.	
**Cheerleaders continuing on to nationals will be allowed 1 additional absence between 11/11 and Nationals. A second absence occurring in this time period will result in removal.	

### **Cheer Attendance Continued:**

If a Cheerleader has 4 unexcused absences, the Cheerleader and Parent will need to sign and agree to an Expectation agreement. Understanding that if there is a 5th unexcused absence, this will result in removal of the Team.

Missing a game will result in sitting the first half of the following game and will count as an absence.

If you are more than 30 minutes late or leave more than 30 minutes early from practice or a game it will be considered an absence.

Practices and games will be held regardless of weather. As long as we are with it the SAC guidelines. All cheerleaders will be required to attend. Not attending practice or a game as a result of weather will result in an absence.

### **Red Shirt**

Please refer to the SAC current rule book posted under “downloads” on our website.

## **Player Allotment Rule (PAR)**

This rule requires that each certified player play a minimum number of eight (8) to twelve (12) plays per game depending on team size. Although coaches will make their best effort to involve as many players as possible, they are only required to play each player their minimum plays throughout the game. Playing time is generally based on the player's ability to make a positive contribution to the team's efforts.

## **PAR MONITORS**

15 minutes prior to the start of each game, each team shall provide two monitors. These monitors will form two teams, each team consisting of one monitor from each team. Each team will be assigned to one side or the other of the playing field. On the home teams side of the field the visiting teams monitor will be in possession of the home teams' form and on the visitors side the home teams monitor will be in possession of the visitors form. These two teams of parents will need to work together to track and monitor all plays to ensure that the PAR (Play Allotment Rule) is met. Once PAR has been completed, BOTH volunteers sign off on the front of the PAR sheet and return it to that team's Head/Assistant Coach or designated individual.

Five minutes prior to the end of each half, the respective monitors will notify their head coaches of how many players have not completed their mandatory number of plays, and what their jersey numbers are. Final notification shall be with two minutes to go in the game if they still have not complied. If any player fails to play the minimum number of plays, both of the Presidents are to be notified and the jersey number(s) written down in the space provided below. Failure to meet the PAR requirement, by the end of the regulation of the game (not overtime) will result in forfeiture of the game and Head Coach must be suspended for one week, this includes practice.

## Playoff/Championship Game

During all playoff games and the championship game, cheerleaders game time will adjust according to which of our teams make it to those games. All cheerleaders are required to participate in all playoff/championship games.

Refer to the current SAC rule book for playoff seeding. All winning teams that advance will continue to practice.

## CHEER - ADDITIONAL MANDATORY CLINIC DAYS:

\*\*Missing 1 or both clinic days will affect your placement in stunts and the competition routine.

Jr Pee Wees	7/22 & 7/23	9:00 am - 1:00 pm
Pee Wees	7/22 & 7/23	2:30 pm - 6:30 pm
Jr Midgets	7/24 & 7/25	9:00 am - 1:00 pm
Midgets	7/24 & 7/25	2:30 pm - 6:30 pm

## Cheer Competitions

Competition dates are as follows:

October 10, 2024 - JAMZ Stockton Reload - **Excludes Tiny Mites.**

\*\*Any team scoring an 87 or higher at this competition will be eligible to participate in Youth Nationals in January.

November 10, 2024 - SAC League

**\*\*Youth Nationals - January 17th-19th in The Orleans Hotel in Las Vegas\*\* \*\*Date Subject to Change!**

Nationals are NOT mandatory. All participants must notify their head coach no later than Oct 22, 2024 whether or not they WILL or WILL NOT be participating. By committing to Nationals there will be an additional expense of \$350 to be paid no later than November 20th. A deposit of \$100 will be required to secure your place. This deposit will be nonrefundable should you decide to not attend. Deposits will be due no later than Nov 1st. This will extend your athletes season through Nationals. There will be 2 months of additional practice and athletes will be required to attend ALL practices. Hotel and travel will be the responsibility of each family!! More information to follow.

**IMPORTANT:**

Cheerleaders must attend practice beginning the month of October in order to compete in competition. Missing practice during this time will result in removal of the routine. Parents must notify the head coach or VP of Cheer if their child will not be at a competition so the squads routine can be modified. If you will be missing competition you will not be put in the routine at all and will be ineligible to attend nationals. **PLEASE REFER TO CHEER SPECIFIC DEMERIT RULE! Coaches/the cheer board have the right to not allow an athlete to attend nationals should they regular season attendance be an issue.**

**DRESS CODE**

**Football Practice Dress Code**

During the days of tryouts players should wear shorts, t-shirt, BLACK cleats, black socks. Once equipment is handed out football players should wear equipment issued to them along with a practice jersey. All football players are required to have a practice jersey with their last name clearly printed on the back. A mouth guard is required at all times. Players are required to carry a min. of 1 gallon of water to practice. If your child forgets their practice gear they will not be allowed to take the practice field.



## **Cheer Practice Dress Code**

Cheerleaders must arrive to practice ready to go. They are to be in proper practice (Athletic) attire, all hair pulled back with a bow. Short shorts will not be tolerated and the cheerleader WILL be sent home. Athletic shoes with socks and shoelaces must be worn. No vans, converse, or bare feet! ABSOLUTELY NO jewelry, makeup, spaghetti straps, jeans/denim, zippers, snaps, buttons or shirt pockets. Sports bras need to be modest and athletic! Hair must be neatly groomed, no wild color's and kept out of the face and off the shoulders. Fingernails must be trimmed and only clear nail polish is allowed. If a cheerleader arrives not in proper attire s/he will be required to sit and this will count as an absence.

### **Uniform Fitting:**

During the uniform fitting, all girls will be measured and allowed to try on sample uniforms. Please have your child come to the uniform fitting with tight fitted clothes to ensure the correct measurements are taken (ex: sports bra & soffe shorts). Everyone will need to attend uniform fittings!

***\*\*MANDATORY Uniform Fitting Date: will be held in May. You will be notified through team sideline/email.***

## **Football Equipment**

### **Equipment Handouts**

Equipment will be handed out before the jamboree (*Date TBD, you will be notified through your team parent, Text Alert and Email though Team Sidelines*) To receive equipment players must submit: Medical release form, spring report cards, birth certificates for Midget players, registration paid in full, \$300 deposit check & payment or holding check of \$300.00 for volunteer hours.

### **Equipment Return**

Equipment must be returned in November (*Date TBD, you will be notified through your team parent, Text Alert and Email though Team Sidelines*) or

your \$300 deposit check will be cashed and you will receive the bill for the remaining \$405 to replace the equipment. The player will not be able to play the following season until we have received a total of \$705 or the equipment. Volunteer Hour Audit will be available at equipment return. If a family fails to complete 12 hours of required volunteering, their \$300.00 holding check will be forfeited.

### **Uniform Washing Instructions**

Football uniforms should be washed soon after each game in cool water. DO NOT REMOVE PADS from football pants to wash. You will be charged a replacement fee of \$50 if pads are removed from pants. This weakens the integrity of the pants. DO NOT BLEACH. Allow jersey's and football pants to drip/air dry.

*“Jersey cleaning instruction will be provided when we hand out jerseys” Cheer uniforms wash in cold water only, do not bleach and drip dry. “NEVER DRY CLEAN”*



### **GENERAL RULES**

#### **Refunds**

If your child **is released** (cut) from the team prior to final team selection during the 1st week of August, a full refund will be given. If your child **quits**

prior to 1st week of August, a full refund will be given less a \$25 administration fee. If your child quits on his/her own after the 2nd week of August, no refund will be given. If a refund is needed, return all equipment you've been issued and send a completed refund form to the DOJGE Treasurer. You can download the refund form on our website. For cheer, there will be no refund on uniforms once they are purchased. After the 2nd week of August, there will be **NO REFUND**.

### **Non-Sufficient Funds/NSF**

All overdraft items and returned items: 1st occasion in the preceding 12-month period, \$25.00 per item; 2nd and subsequent occasions, \$35.00 per item. An occasion is a day in which your account does not have enough funds to cover an item.

### **Health Insurance**

Your family's health insurance will serve as your primary care

coverage. **Injuries**

Safety is our primary concern and extra care will be taken in dealing with any reported injury. We would also encourage that any known injury be reported to the coach/safety coordinator immediately. Any player sustaining an injury which requires a doctor's care will be required to submit a medical release from that doctor prior to further participation in games, practices, or competition.

### **Complaints**

Complaints/Issues should be given a 24hr cooling off period prior to contacting the board, or coach. Formal complaints must be submitted through our website using our "Concerns & Complaint" form. This documents the complaint/issue in writing directly to the President of our organization. The President will then conduct an emergency meeting with the VP of the program division listed in the complaint. After the President and VP review the complaint and investigation will occur. The executive board member will hold a closed meeting to discuss a plan of action. The complainant will be contacted and may appear at the next

regular board meeting if he/she wishes to do so. The accused offender will also be given the opportunity to appear as well. Once a result or disciplinary action is decided a written response will be forwarded after the next scheduled board meeting. Complaints involving the health and/or safety of a minor should also include immediate contact to the President DOJGE issued phone number (916) 276-3555. The DOJGE board are considered mandatory reporters.

## **Communication and Parent Participation**

Once again, these are important areas for the success of any organization. If you have questions, comments, suggestions, or wish to volunteer on a regular basis please contact us in writing to [president@jrgoldeneagles.com](mailto:president@jrgoldeneagles.com), speak to a Board Member at a practice session or utilize our website to find the proper forms.

## **Smoking**

Del Oro High School and all practice fields, as well as the other campuses we will be visiting, are designated "Tobacco/Vaping Free Environments." Therefore, we ask that no one smokes/vapes or chews tobacco on or around any school campus at which we may participate.

## **Drug & Alcohol**

The use of drugs and alcohol is strictly prohibited at games, practices, and other associated events and will not be tolerated. Anyone involved in such activities will be asked to leave.

## **Food & Drink**

Since the snack bar is a crucial source of revenue for all associations, **absolutely no outside food or drink will be allowed inside the gates.** If you must bring your own food and drinks it is asked that you enjoy them outside the gated area of any games or competitions.

## **Animals**

Animals are not allowed at Franklin School or Del Oro  
High School

## **Social Media**

All coaches, instructors, and athletes will adhere to the social media policy set forth by the Del Oro Jr. Golden Eagles.. This includes, but is not limited to, Facebook, Snapchat, and Instagram.

While we cannot control you being on social media, we do want to remind you that when you post online it does become public knowledge that cannot be erased. As an organization, we use social media as well. If any coach, instructor, or athlete posts anything negative about any member of the Del Oro organization or the organization itself, it can be grounds for dismissal from the organization.

DOJGE currently uses the following social media outlets:

Our website- [jrgoldeneagles.com](http://jrgoldeneagles.com)

Facebook-Del Oro Jr. Golden Eagles Football and Cheer

Instagram- jr.goldeneagles

If you want to get current updated information, always check with these resources.

## **Clean Up**

Please make sure you pick up any trash and dispose of it prior to leaving practice or games. This helps the volunteer's to be able to leave at a decent hour. Thank you.

## **Admission Fees**

Admission will be charged at both home and away games. Everyone attending the games, with the exceptions of coaches, players, board members and SAC certified personnel are required to pay an admission fee "Cash Only".

Adults = \$8.00 each  
Seniors & Children ages 6-12 = \$5.00 each  
Children 5yrs and under = Free

Championships = \$10.00

**Board members, coaches and SAC personnel MUST be wearing a valid Badge in order to have access to the field or enter without paying.**

**All parents that are working a volunteer shift on game day MUST still pay to enter.**