

DEL ORO

CHEERLEADING

Jr Golden Eagle 2024 Cheer Season
Parent Info Meeting

2024 Cheer Board

Cheer Coordinator - Stacy Chermak -
CheerCoordinator@jrgoldeneagles.com

Cheer Coaches Coordinator - Chelsea Dansereau -
CheerAssistant@jrgoleneagles.com

VP of Stunt - Leah Warren - Stunt@jrgoldeneagles.com

VP of Cheer - Heather McKay - Cheer@jrgoldeneagles.com

2024 Head Coaching Staff

Tiny Mites: Janine McIntyre

Jr Pee Wee: Accepting Applications

Pee Wee: Chelsea Dansereau

Jr Midgets: Leah Warren

Midgets: Nicole Staiti

***Now Accepting Assistant Coach Applications for All Teams, Apply
at jrgoldeneagles.com

Pre-Season/Summer Important Dates

- Team Assessments - April 21st, 2024 @ Del Oro High School Yokote Gym
 - Session A - Ages 6-9 - 10:00-12:00
 - Session B - Ages 10-14 - 12:30-2:30
 - Cuts may become necessary if a team/squad exceeds 35 Cheerleaders. Criteria for potential cuts from a team include safety, sphere of influence, attendance, attitude/effort, physical and mental ability, and parental conduct. Should a Cheerleader be cut from a team for any of the reasons noted above, a full refund will be issued.
 - In addition as it pertains to football, cheer will hold the same standard. Additionally, those in 8th grade are not automatically guaranteed a spot on the Midget team. assessments will be held prior to the close of registration (and afterward if necessary). Should we find ourselves in a situation where we have to make cuts, returners are not guaranteed a spot.
 - Team Placement based on age and assessment. Failure to attend assessment may affect placements
 - More info to come...
- CHEER REGISTRATION CLOSSES - April 30th, 2024

Pre-Season/Summer Important Dates CONTINUED

- Cheer Registration: Closes April 30th
 - Documentation Turn In Day will be - TBD or All documents can be scanned and emailed to registrar@jrgoldeneagles.com
 - JPW - Midgets must turn in a Medical Clearance Form (dated AFTER 4/15/2024). A copy of their birth certificate for new ATHLETES only. No physical required for Tiny Mites.
 - Midgets only must submit a copy of the report card
- Uniform Fittings: May 4th, 2024 @ Del Oro High School Girls Locker Room
 - Uniforms MUST BE PAID FOR IN FULL BY May 10th. Uniform Payments will be made directly through the Varsity Rep
 - Tiny Mites -10:00am-10:45am
 - Jr Pee Wee's -10:45am-11:30am
 - Pee Wee's - 11:30am-12:15pm
 - Jr Midgets - 12:15pm-1:00pm
 - Midgets - 1:00pm-1:45pm

Pre-Season/Summer Important Dates CONTINUED

- Mandatory Practices Start: **July 15th for JPW-Midgets & July 16th for Tiny Mites**
- Mandatory Team Clinic Days: There will be no “regular season” practices the days of your teams clinics.

● Jr Pee Wee	July 22 & 23	9:00 - 1:00
Pee Wee	July 22 & 23	2:30 - 6:30
Jr Midget	July 24 & 25	9:00 - 1:00
Midget	July 24 & 25	2:30 - 6:30

- Competition Days:
 - 10/20/24 Stockton Reload - Jr Pee Wee - Midgets, EXCLUDES TINIES
 - 11/10/24 SAC League Championship (TOC) - ALL TEAMS
 - 1/31/25-2/2/25 Nationals in Las Vegas EXCLUDES TINIES

Team Placement Guidelines/Assessment Process

- Team placements (JPW - Midgets) will take place April 21st, 2024.
- Head Coaches & Cheer Board will assess technique, motion placement, jumps, ability to pick up and remember material, tumbling skills, stunt positioning, and focus/behavior.
- Cuts may become necessary if a team/squad exceeds 35 players. Criteria for potential cuts from a team include safety, sphere of influence, attendance, attitude/effort, physical and mental ability, and parental conduct. *Jr Pee Wee players may be cut due to age.* Should a player be cut from a team for any of the reasons noted above, registration can be canceled prior to April 30th, 2024.
- Tiny Mite placement is FINAL UPON REGISTRATION! There is no ability to move up.
- Team placements will be FINAL. Any parent/athlete having an issue with placement will be asked to follow our grievance policy,
- Those athletes that choose not to continue with the season after being placed on a team may cancel their Registration prior to April 30th, 2024.

Team Placement Guidelines/Assessment Process Continued

SAC League Age placements:

Team	Age Bracket (as of June 15, 2024)
Mascot/Tiny Mites	6*
Jr Pee Wee	7-9
Pee Wee	9-11
Jr Midget	10-12
Midget	11-14

The above brackets are GUIDELINES used by DOJGE. Please note that we do make exceptions upon board and league approval. Exceptions are required to move an athlete down a level outside of the SAC age bracket **Midgets will be MAJORITY 8th grade with SOME lower graders who demonstrate the ability to be moved up.

NEW Attendance Policy

Cheer attendance will begin being tracked at the beginning of mandatory summer practices. Sit outs will not occur until Week 0.

1st missed practice*	Sit 1st quarter of next game
2nd missed practice*	Sit 1st half (including halftime) of next game
3rd missed practice*	Sit ENTIRETY of next game
4th missed practice*	Removal from halftime/competition routine
5th missed practice*	Removal from team
Missed game	Sit through halftime of next game

*Prior to October. Cheerleaders will be allowed 1 absence beginning October. A second absence will result in removal from the competition routine and the inability to continue on to nationals.

**Cheerleaders continuing on to nationals will be allowed 1 additional absence between 11/10 and Nationals. A second absence occurring in this time period will result in removal.

Attendance Policy Continued

- ATTENDANCE POLICY WILL APPLY TO TINY MITES AS WELL!!
- Attendance Policy will go into effect beginning the week of July 15th. Attendance policy will be STRICTLY ENFORCED!
- ALL PRACTICES, CLINICS, GAMES, AND COMPETITIONS (REGULAR SEASON) ARE MANDATORY!! If you know you will be missing a clinic day, game or competition please let us know ASAP! This will affect routine and stunt group placement.
- EXCUSED ABSENCES INCLUDED:
 - Illness with a presented Dr Note
 - Death in the family
 - School performance or mandatory presentation. (Meet the teacher, ice cream socials, back to school night.. DO NOT COUNT!)

Practice and Game Day Schedules

Practices days will adjust based on summer/school/competition/daylights savings.... Please be flexible and always plan for the schedule as it is posted online and in our handbook.

4 day a week SUMMER schedule:	3 day a week SCHOOL schedule:
Monday 6:00 - 8:00 pm	
Tuesday 6:00 - 8:00 pm	Tuesday 6:00 - 8:00 pm
Wednesday 6:00 - 8:00 pm	Wednesday 6:00 - 8:00 pm
Thursday 6:00 - 8:00 pm	Thursday 6:00 - 8:00 pm
Tiny Mites - TUESDAY & WEDNESDAY 6:00 - 7:30 PM*	Tiny Mites - TUESDAY & WEDNESDAY 6:00 - 7:30 PM*

*A third practice for Tiny Mites may be added in the month of October & November for extra Comp Practices, at the Coaches discretion

Practice and Game Day Schedules

Game day arrival is 30 minutes prior for Tiny Mite cheer and 1 hour for JPW - Midgets. This means on the sideline with your coach! Fully ready, in uniform, hair done, shoes on!

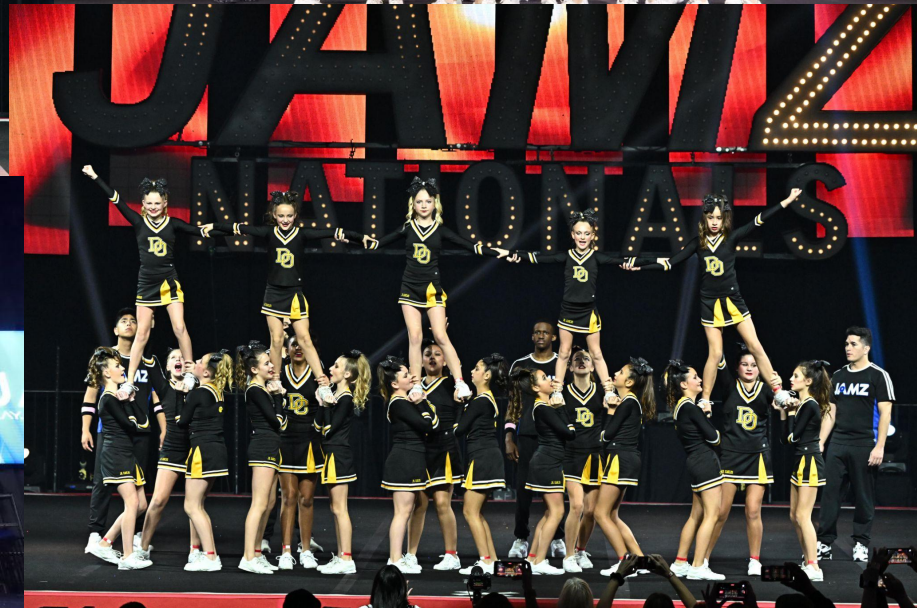
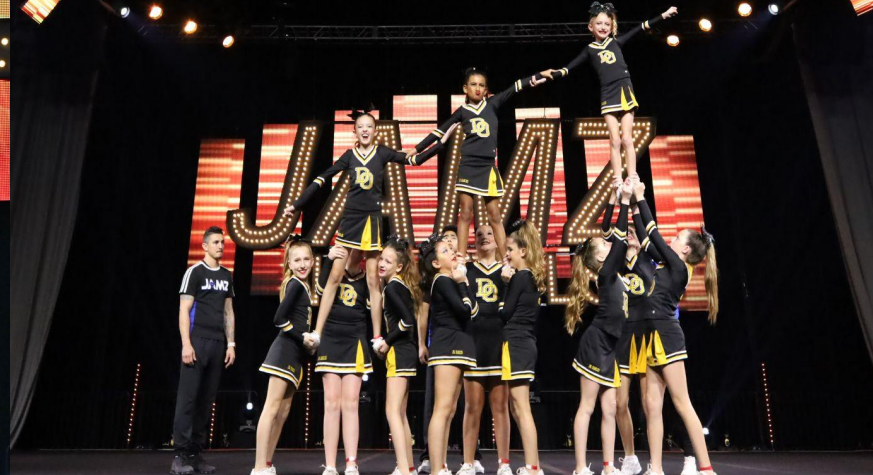
Tiny Mites **Home games only	8:30 am - 10:00 am - 8:00 am arrival
Jr Pee Wee	10:00 am - 12:00 pm - 9:00 am arrival
Pee Wee	12:00 pm - 2:00 pm - 11:00 am arrival
Jr Midget	2:00 pm - 4:00 pm - 1:00 pm arrival
Midgets	4:00 pm - 6:00 pm - 3 pm arrival

Cheer Expectations

- All cheerleaders are expected to be ON TIME for practices, game, clinic days, & competitions READY TO GO! This means in proper athletic attire or required uniform pieces with their additional pieces and pom poms in their backpack.
- Water is REQUIRED!! And plenty of it for all events. We recommend a 32 oz or greater.
- A well balanced meal should be eaten prior to arrival to practices, games, clinics or competitions.
- No jewelry, nail polish or fake nails can be worn during the Cheer season.
- The DOGJE Code of Conduct will be strictly enforced. Please make sure you have read it in its entirety. All policies and rules must be followed whether you choose to read them or not, you agree to them upon registering! You are strongly encouraged to visit our website to read through the Parent Handbook.

Additional IMPORTANT Info

- If paperwork (physical & birth certificate) is not turned in by the start of practice Monday July 15th = NO PRACTICE.
- Failure to pay registration balance IN FULL (unless other arrangements have been made) by July 15th will result in your athlete being benched until balance is paid. Being benched = an ABSENCE!
- Parent Volunteer Hours:
 - Each family Jr Pee Wee thru Midgets MUST complete 12 volunteer hours WITH a \$300 holding check prior to the end of the regular sideline season
 - You may choose to BUY out of volunteer hours by paying \$300 up front.
 - Tiny Mite families MUST complete 6 hours WITH a \$150 holding check or BUY out for \$150



Nationals Competition Season

Dates: Season will run November 11th, 2024 - February 2nd, 2025

JAMZ Nationals is Jan 31st - Feb 2nd @ The Orleans Hotel, Las Vegas.

Practices: Practices will take place 1-2 days per week in the evening. Location & exact time TBD.

Cost & Commitment: There will be a \$100 non-refundable deposit - Deposit to be paid by October 25th & will be applied towards your Registration cost. Total Registration is \$350 which will need to be paid in FULL no later than November 15th. This fee will cover practice space cost, National competition fee, and nationals team shirt. We will have a National Comp Parent meeting in November.

TO QUALIFY: any team (excludes Tiny Mites) that scores an 85 or higher at the Stockton Reload competition on October 20th will qualify for Nationals. Being a part of Comp Season IS NOT MANDATORY! If your team qualifies but you do not wish to participate your season will end November 10th.

Nationals Competition Season Continued

Athletes on teams that qualify that wish to continue with comp season MUST confirm commitment by October 25th when non-refundable deposit is due.

If absences and tardiness has been a regular season issue, you will not be allowed to continue on to comp season even if your team qualifies.

If effort, attitude and behaviors have been a regular season issue, you will not be allowed to continue on to comp season even if your team qualifies.

If you are placed on a contract at ANY point in the regular season, you will not be allowed to continue on to comp season even if your team qualifies.

ALL PRACTICES ARE MANDATORY from 11/11 through the week of Nationals. Athletes will be allowed 1 EXCUSED absence during this time. An additional absence for any reason will result in removal with no refund.

FUNDRAISING OPPORTUNITY!!

SPONSOR MY UNIFORM

Get your friends, family, neighbors to buy a star to help cover the cost of this seasons uniform items!

Sell all the stars = \$550 towards your cost!

New cheerleader package = \$550.00.



FUNDRAISING OPPORTUNITY!!

SPONSOR MY UNIFORM Tiny Mite Edition!

Get your friends, family, neighbors to buy a star to help cover the cost of this seasons uniform items!

While your uniform package is included in your registration fee - this is a fun and easy way to help cover expenses!

Selling all stars will cover your costs! And help you purchase the optional items!

Sponsor my uniform
Tiny Mite cheer
2024

The image displays a variety of cheerleader uniform items and their associated costs, represented by yellow stars. The items and their prices are:

- Full uniform (top and skirt): \$50
- Top: \$25
- Shorts: \$25
- Jacket: \$25
- Backpack: \$25
- Optional items (jacket and backpack): BONUS

Jacket and backpack can be purchased for additional cost*

Questions?



Thank You For Coming! Go Eagles!